

Tabiiy fanlar

mashq daftari

O'zbekiston Respublikasi Xalq ta'limi vazirligi nashrga tavsiya etgan

Yangi nashr



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Aziz bolajon!

Atrofimizni o'rab turgan borliq bu – tabiat.

Tabiatni tabiiy fanlar o'rganadi. Tabiatni sinchkovlik bilan o'rganish muhim.

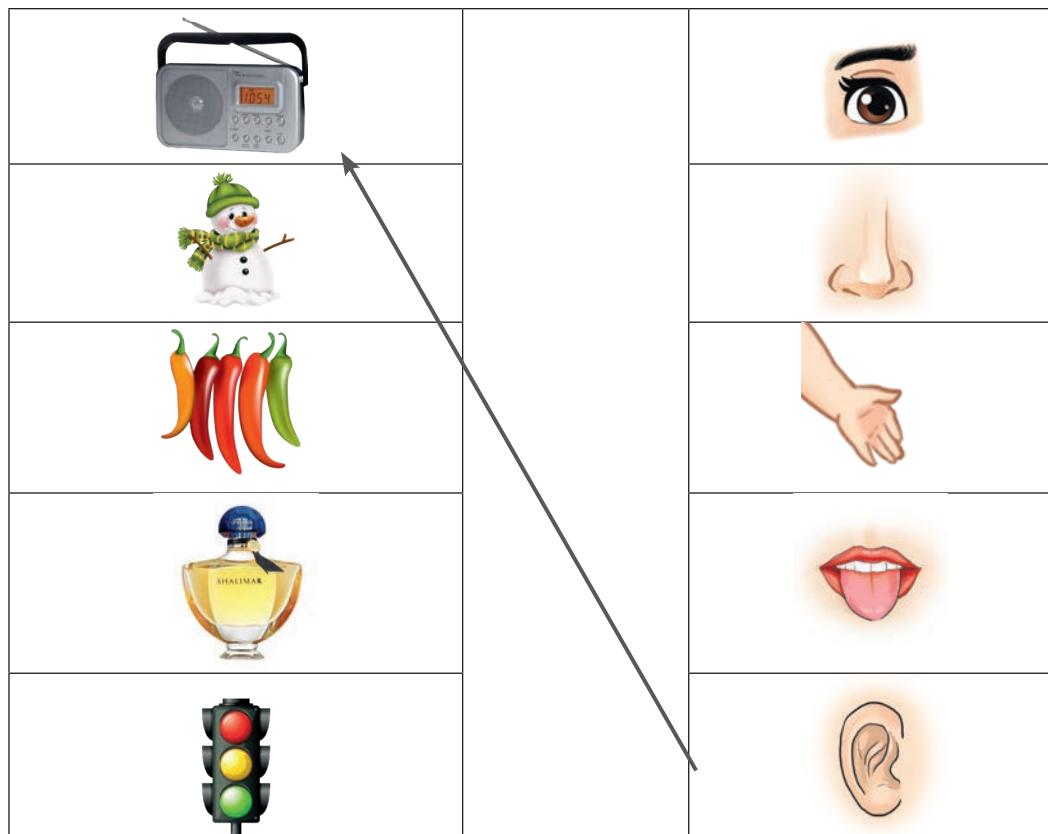
Biz siz bilan kuzatish, tajribalar o'tkazish orqali tabiatni o'rganamiz! Mashqlarni, loyiha-larni to'g'ri bajarish, tahlil qilish, hikoya tuzish orqali tabiiy fanlarning mo'jizakor ekanini bilib olasiz.

O'qing, o'rganing va bilimlaringizni amaliyotga tatbiq eting!

1-mavzu

MEN IZLANUVCHIMAN!

1-topshiriq. Rasmdagilarni qaysi sezgi a'zolaringiz bilan sezasiz? Ularni sezgi a'zolari bilan chiziq orqali tutashtiring.



2-topshiriq. Berilgan jihozlar yordamida nimalarni o'rganamiz?



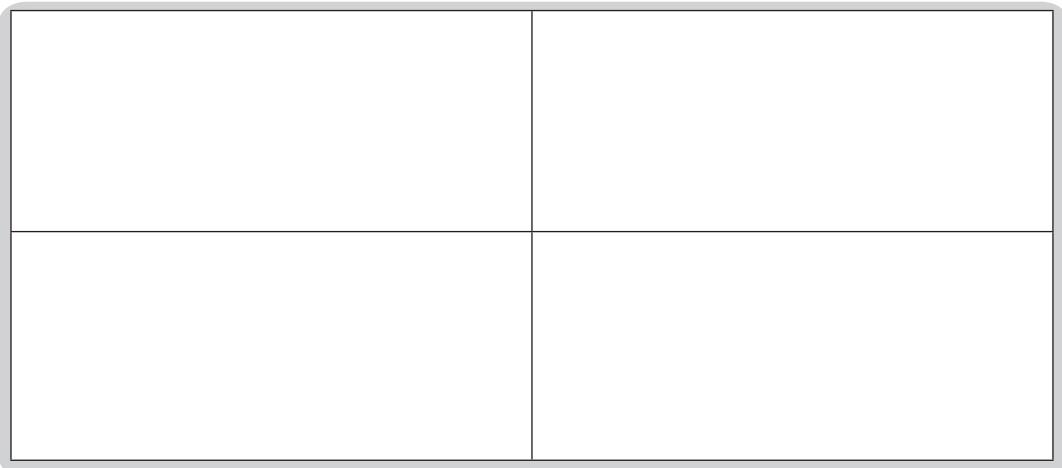
3-topshiriq. Qog'ozdan ko'z modelini yasang.
Darslikning 7-betidagi multimedia ilovasidan
foydalaning.

AMALIY MASHG'ULOT

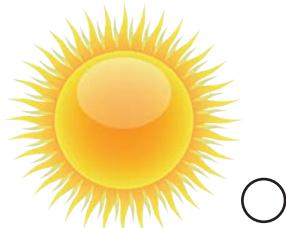
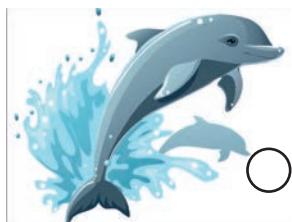
2-mavzu

JONLI VA JONSIZ TABIATNI
O'RGANAMIZ

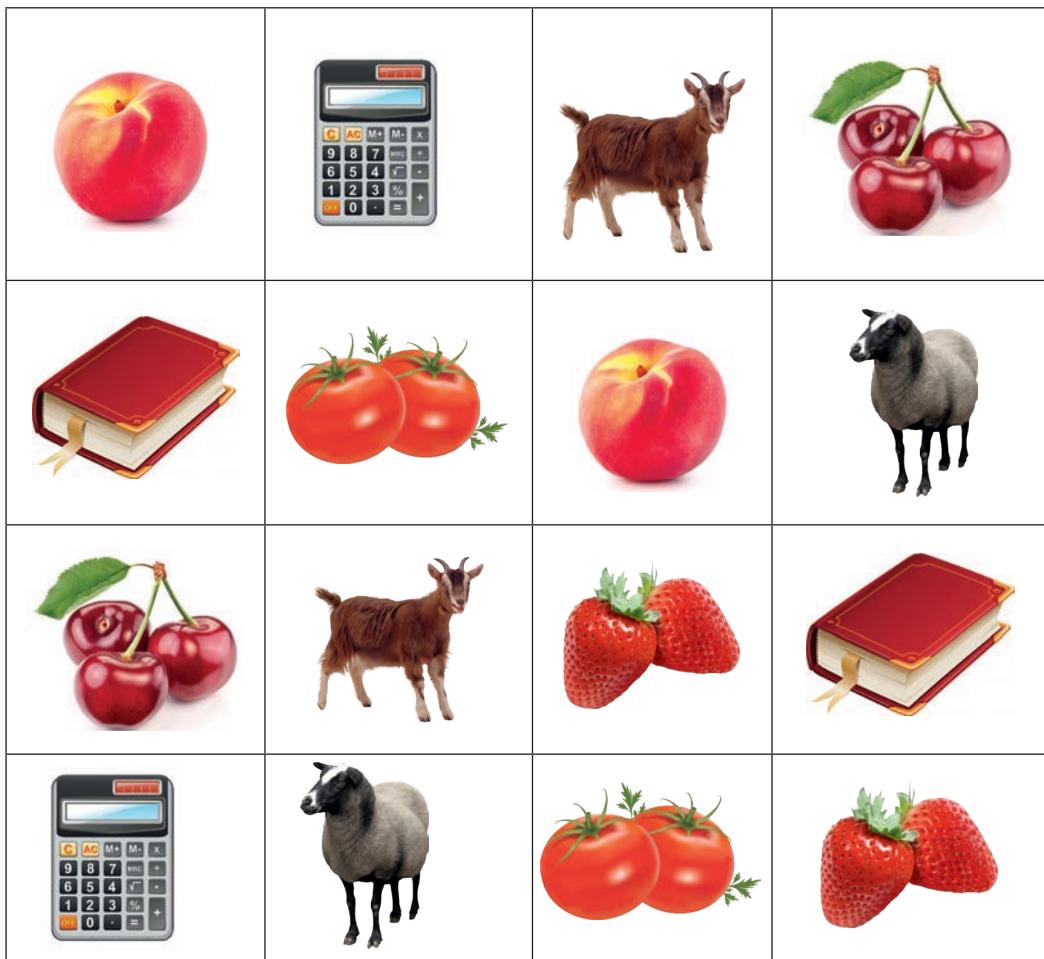
1-topshiriq. Jonli va jonsiz tabiatga tegishli ikkitadan rasm chizing.



2-topshiriq. Rasmlarga qarang. Tirik organizmlarga tegishli doirachalarni bo'yang.



3-topshiriq. Bir xil rasmlarni toping.



Tirik organizmlar va jonsiz buyumlar sonini aniqlang.

Jonsiz buyum_____

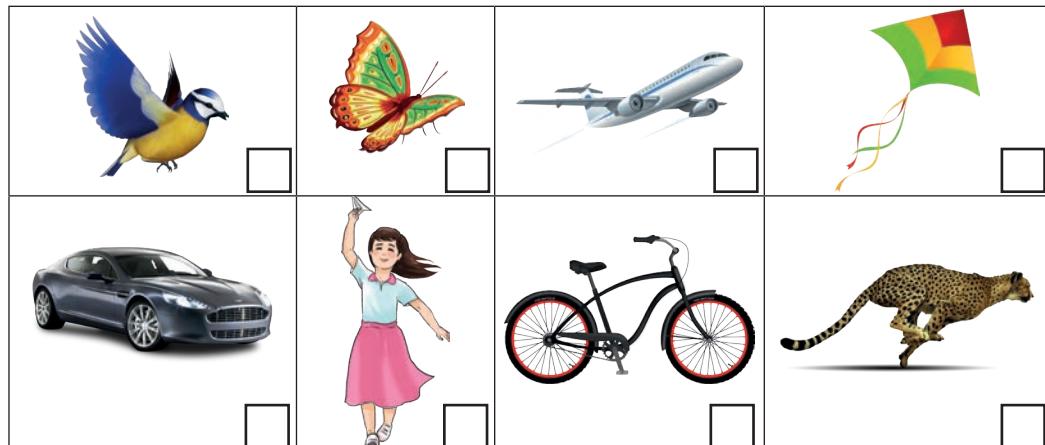
O'simlik_____

Hayvon_____

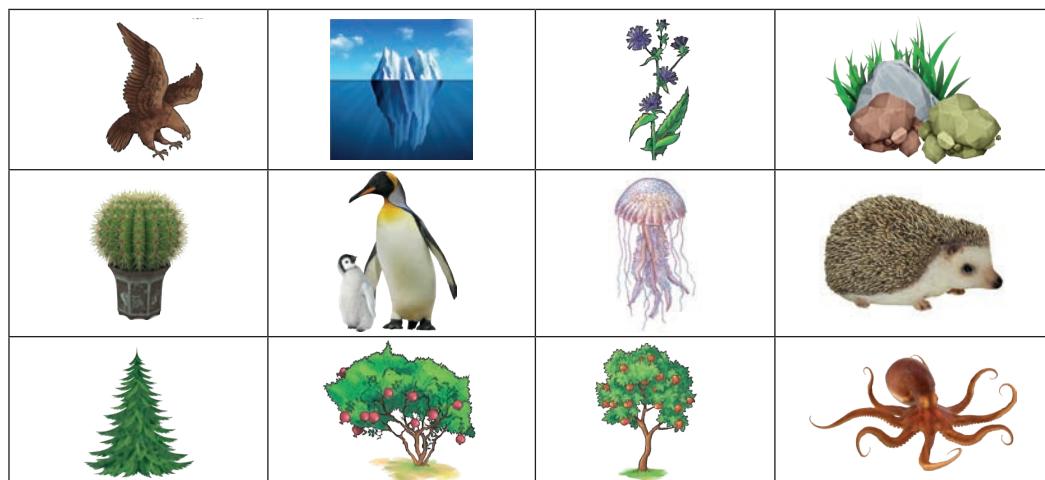
3-mavzu

TIRIK ORGANIZMLAR

1-topshiriq. Har bir qatordan tirik organizmlar va jonsiz jismlarni aniqlang. Katakchalarni mos ravishda bo'yang. Tirik organizmlar uchun – yashil, jonsiz jismlar uchun – sariq rangdan foydalaning.



2-topshiriq. Har bir ustundan ortiqcha rasmni toping va o'chiring. Javobingizni do'stingiz bilan muhokama qiling.



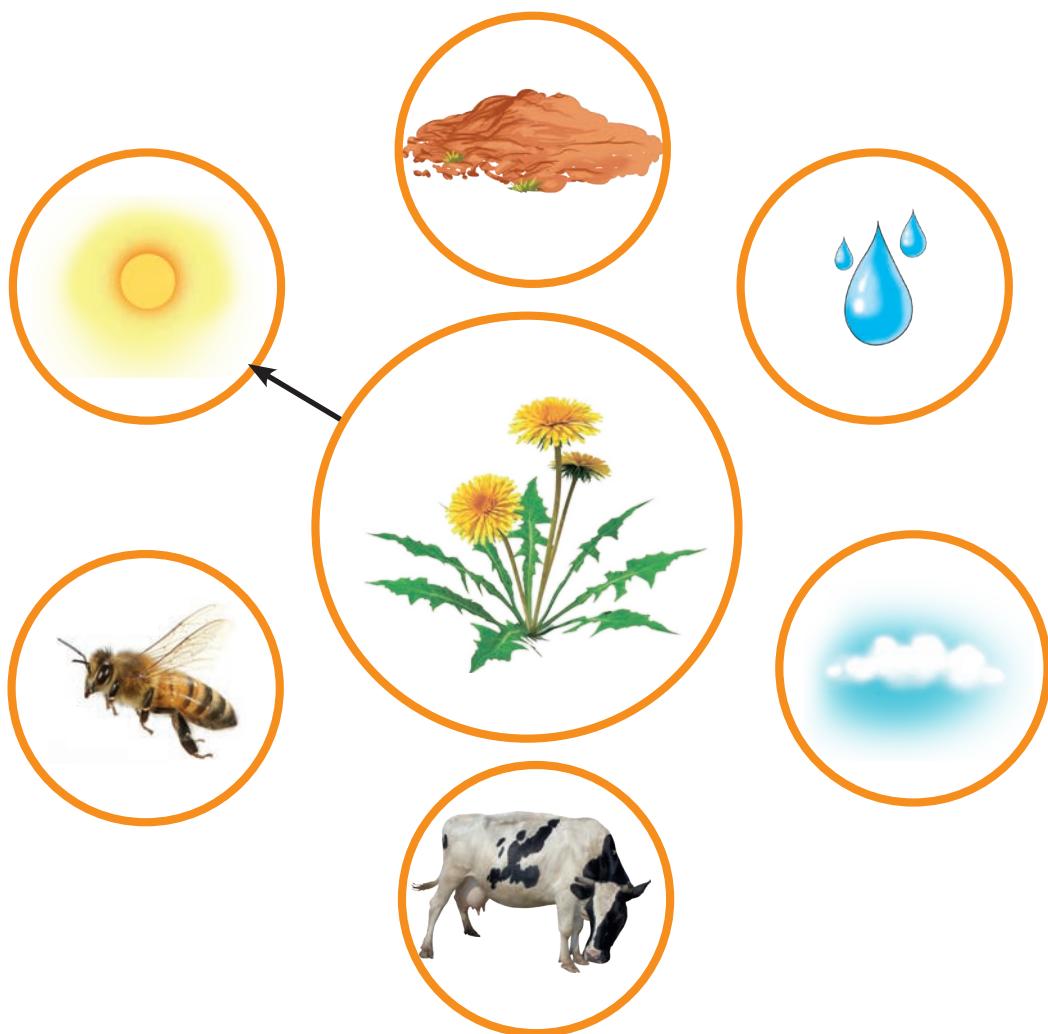
3-topshiriq. Raqamlarda yashiringan hayvonlar nomini ayting.



4-mavzu

O'SIMLIKLER O'SISHI UCHUN
NIMALAR ZARUR?

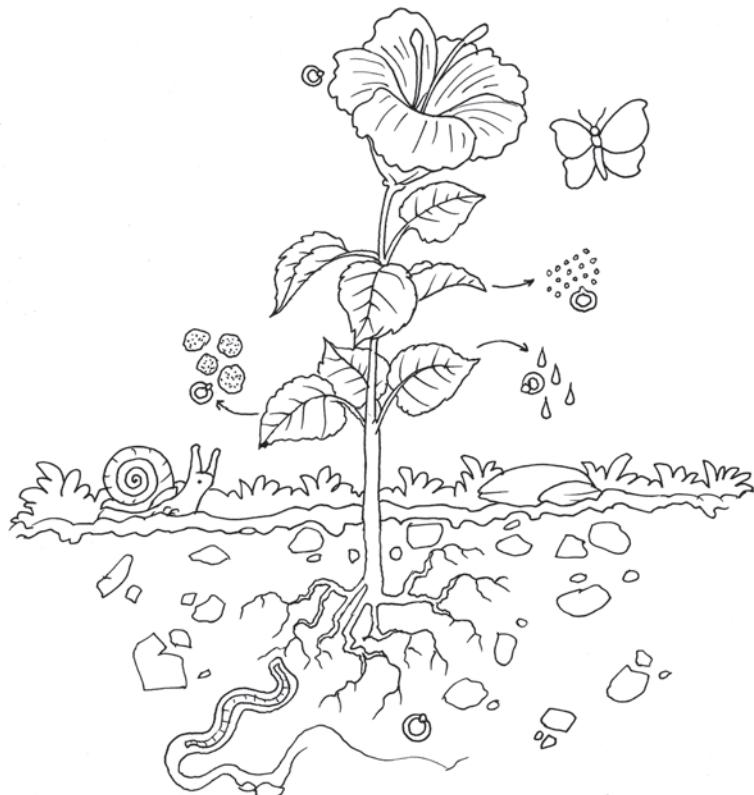
1-topshiriq. O'simlik va uning o'sishi uchun zarur omillarni chiziq bilan birlashtiring. Bu omillarning o'simlik uchun qanday ahamiyati bor?



2-topshiriq. O'simlikni qanday sug'orish zarur?
O'simlik to'g'ri sug'orilgan rasmni belgilang.



3-topshiriq. O'simlik rivojlanishi uchun nimalar zarur? Rasmni bo'yang.



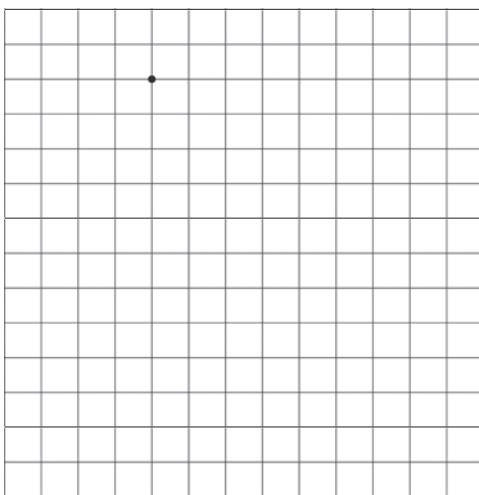
5-mavzu

O'SIMLIK LARNING XILMAXILLIGI

1-topshiriq. Yashil, sariq, jigarrang qog'ozlarga kaftingizni chizib, kesib oling va daraxtga joylashtiring.



2-topshiriq. Grafik diktant. Har bir ustun bo'ylab yuqoridan pastga harakatlaning.



1 →	1 ←	1 ←	1 →
1 ↑	3 ↓	2 ↓	1 ↓
3 →	1 →	1 ←	1 →
1 ↓	1 ↑	2 ↑	3 ↑
1 →	1 →	1 ←	1 ←
3 ↓	2 ↓	1 ↑	1 ↑
1 ←	1 ←	1 ←	1 ←
1 ↓	1 ↓	2 ↑	3 ↑

3-topshiriq. O'simliklar sonini mos kataklarga yozing.

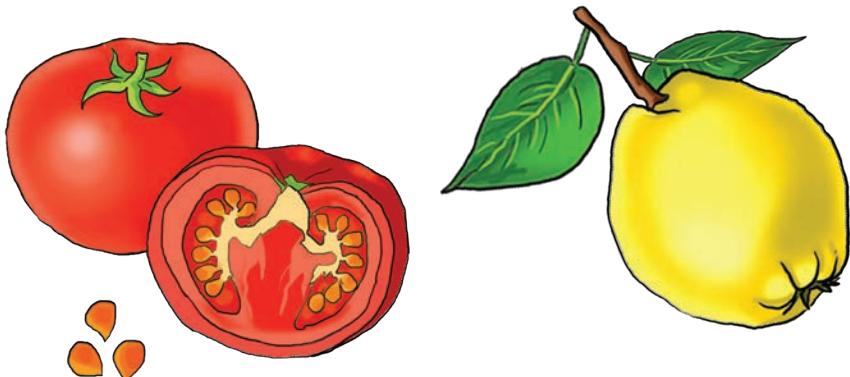


AMALIY MASHG'ULOT

6-mavzu

O'SIMLIKLARNING TUZILISHI

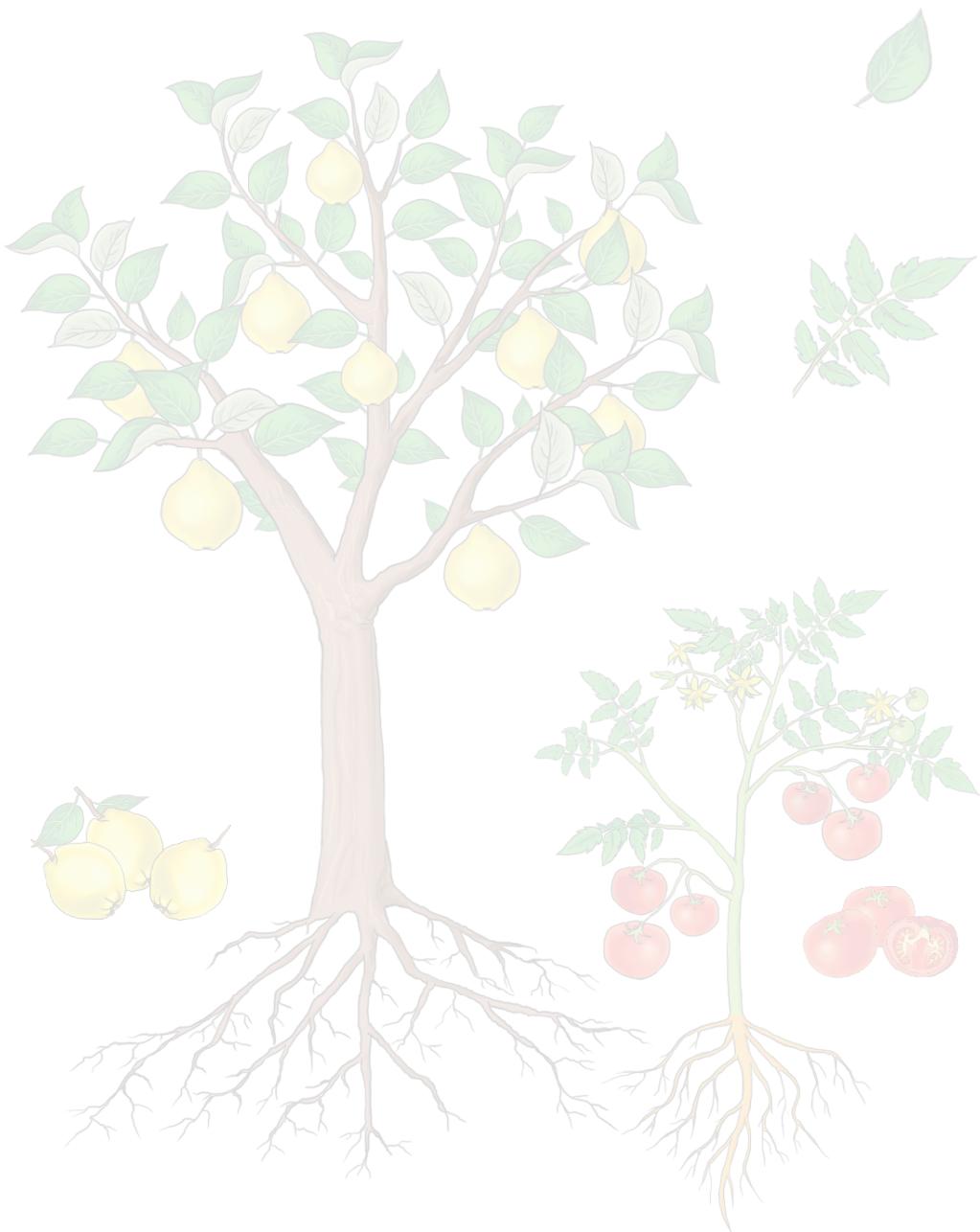
1-topshiriq. Behi va pomidorni taqqoslang.



2-topshiriq. Uzib olingan qoqio'tni lupa yordamida kuzating.



3-topshiriq. 69-betdagi ilovadan foydalanib mozaikani yig'ing.



LOYIHA ISHI

7-mavzu

O'SIMLIKLARNI EKISH VA
PARVARISHLASH

1-topshiriq. Xona o'simligini ekishda bajariladigan ishlarning ketma-ketligini aniqlang.



2-topshiriq. Tuvakka gul eking. Uni parvarishlab, kuzatib boring. Kuzatganlaringiz asosida jadvalni to'ldiring.

Oy	noyabr	dekabr	yanvar	fevral	mart	aprel
Barg soni, ta						
Uzunligi, cm						

3-topshiriq. Rasmda qaysi ertak tasvirlangan? Sholg'om yaxshi o'sishi uchun nimalar zarur? Rasmni rangli qalamlar bilan bo'yang.



4-topshiriq. Plastilin, rangli qog'oz va qovoq urug'idan foydalanib, tuvakdagi gul modelini yasang. Darslikning 21-betidagi multimedia ilovasidan foy-dalaning.

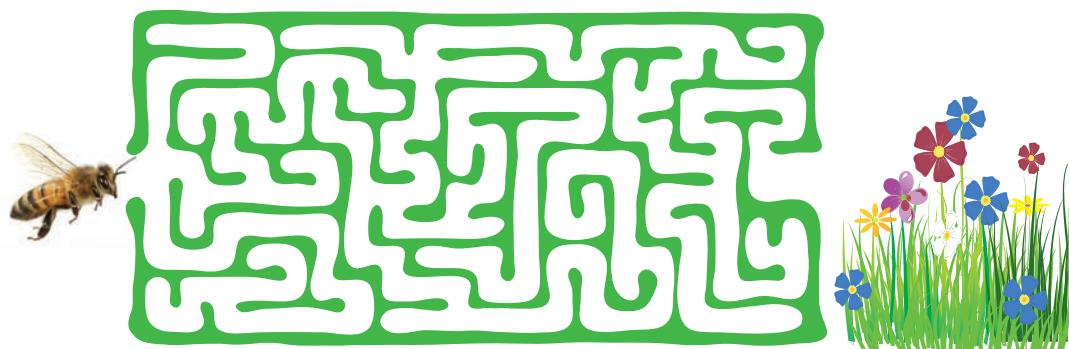
8-mavzu

HAYVONLARNING YASHASHI
UCHUN NIMALAR ZARUR?

1-topshiriq. Kuchukcha va uning yashashi uchun zarur narsalarni chiziq bilan tutashtiring.



2-topshiriq. Asalari gulzorga yetib olishiga yordamlashing.



3-topshiriq. Hayvonlarning ozig'ini aniqlang va bo'sh doirachalarga tegishli raqamlarni yozing.



1



2



3



4

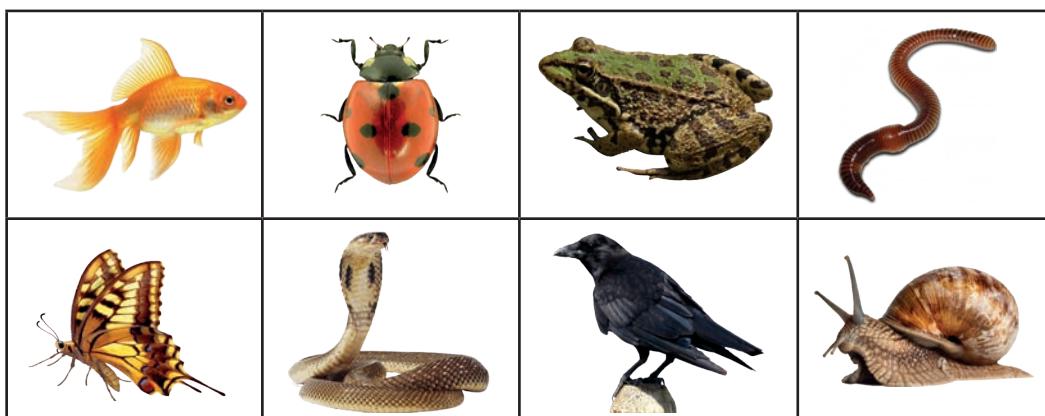


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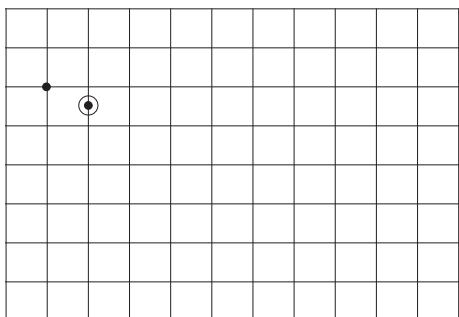
9-mavzu

HAYVONLARNING XILMAXILLIGI

1-topshiriq. Umurtqali (+) va umurtqasiz (-) hayvonlarni farqlang.

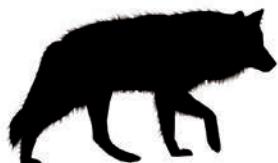
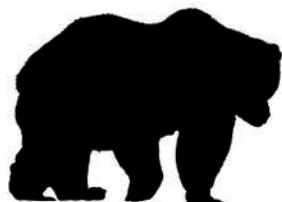


2-topshiriq. Grafik diktant. Har bir ustun bo'ylab yuqoridan pastga harakatlaning.



2 →	4 →	1 ←	1 ←
4 ↓	1 ↓	1 ↑	3 ↑
1 →	1 →	4 ←	1 ←
2 ↑	3 ↓	1 ↓	2 ↑
1 →	1 ←	1 ←	
1 ↑	1 ↓	1 ↑	

3-topshiriq. Hayvonlarning soyasini toping va chiziq yordamida tutashtiring.

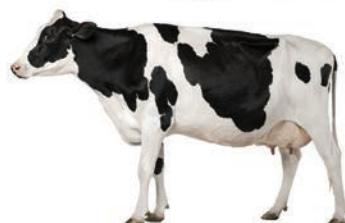
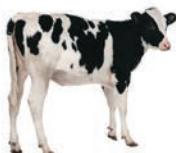


4-topshiriq. Qog'ozdan qush yasang. Darslikning 27-betidagi multimedia ilovasidan foydalaning.

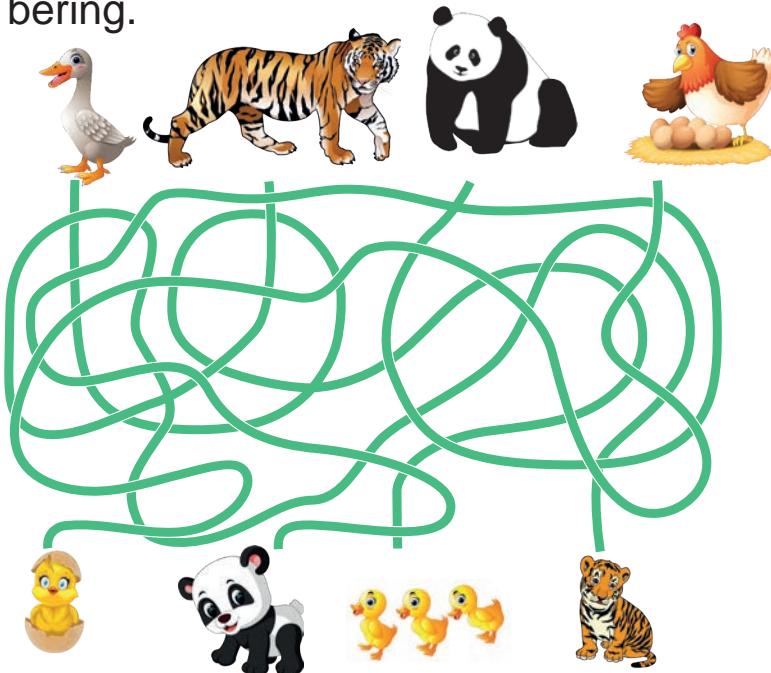
10-mavzu

HAYVONLARNING RIVOJLANISHI

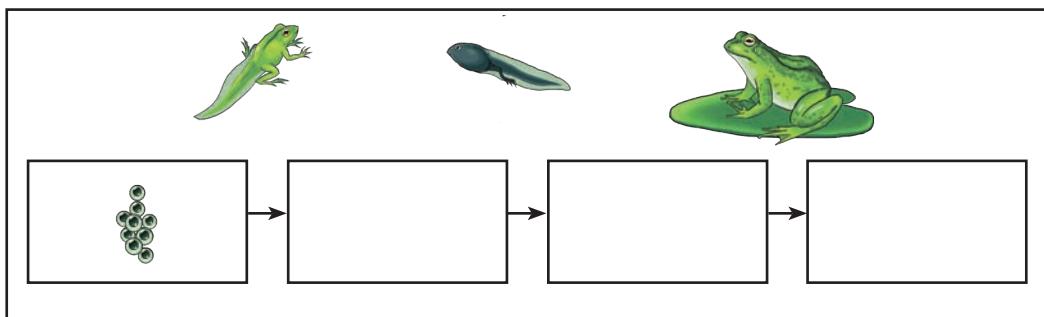
1-topshiriq. Hayvonlarni bolasi bilan chiziq yordamida tutashtiring. Ularning nomini aytинг.



2-topshiriq. Hayvon bolalari o‘z onasini topishiga yordam bering.



3-topshiriq. Baqanining rivojlanish bosqichlarini to‘g‘ri ketma-ketlikda joylashtiring.



4-topshiriq. Rangli qog‘ozlardan baqa maketini tayyorlang. Darslikning 29-betidagi multimedia ilovasidan foydalaning.

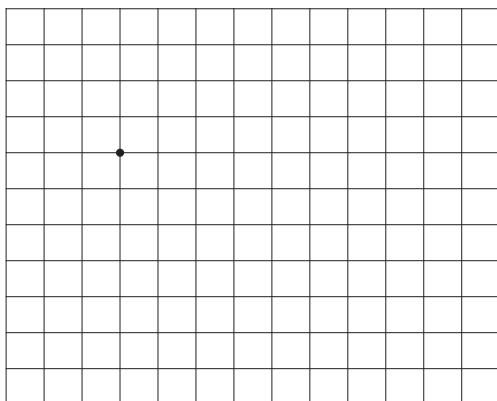
11-mavzu

HAYVONLARNING AHAMIYATINI
O'RGANAMIZ

1-topshiriq. Rasmdagi hayvonlarning qanday ahamiyati bor? Qisqacha hikoya tuzing.

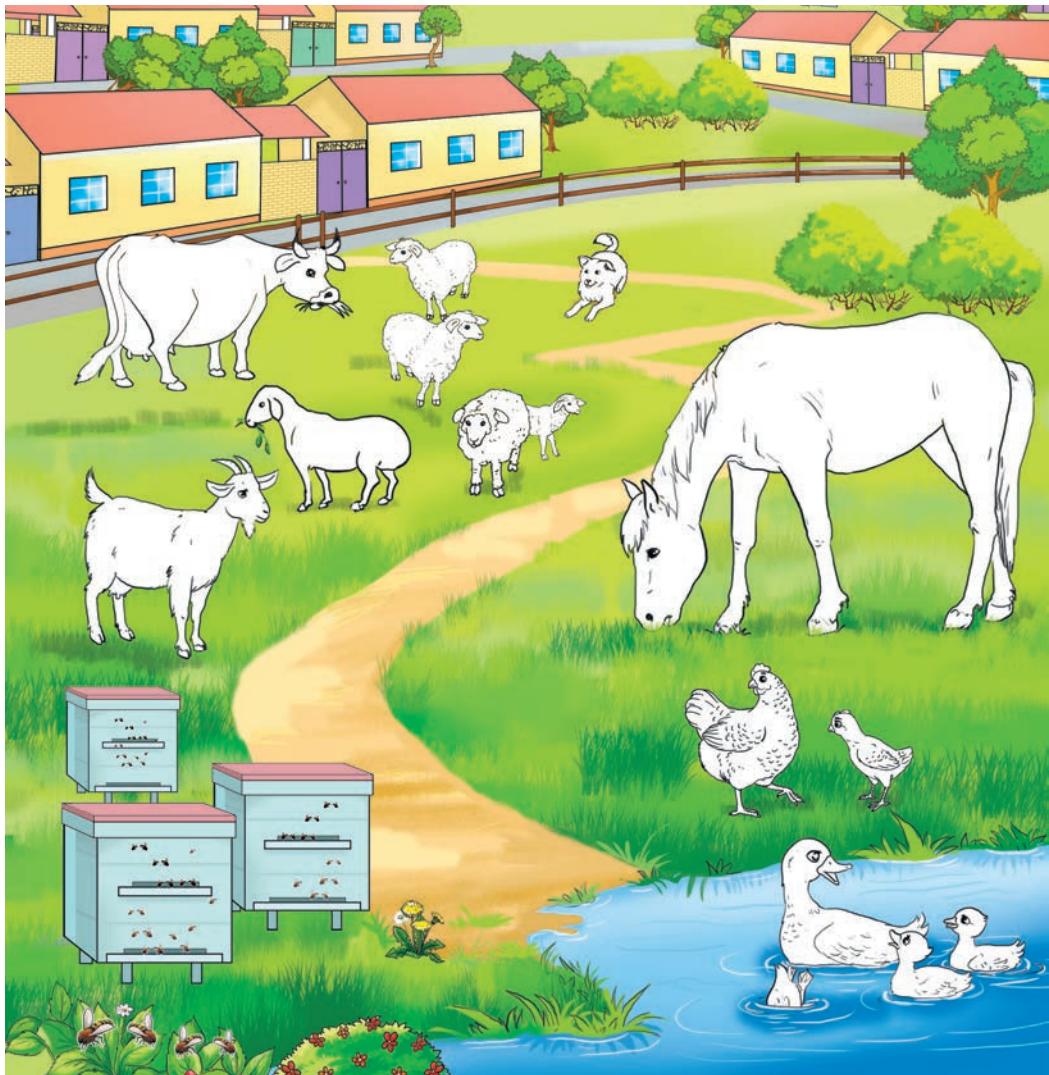


2-topshiriq. Grafik diktant. Har bir ustun bo'ylab yuqoridan pastga harakatlaning.



2 →	3 →	2 ←
1 ↑	1 ↑	1 ↓
1 →	1 →	2 ←
1 ↑	5 ↓	4 ↑
1 →	2 ←	2 ←
4 ↓	1 ↑	2 ↑

3-topshiriq. Rasmdagi hayvonlarni bo'yang. Ular haqida gap tuzing.



4-topshiriq. Darslikning 31-betidagi multimedia ilovasidan foydalanib, buzoq maketini yasang.

12-mavzu

OB-HAVO NIMA?

1-topshiriq. Rasmida berilgan ob-havo holatlarini chiziqlar yordamida mos keluvchi izohlarga tutash-tiring.



Tongda biroz salqin bo'ldi.



Keyin quyosh chiqib, tushga yaqin havo isidi.



Tushdan keyin osmonni bulut qopladi va yomg'ir yog'di.



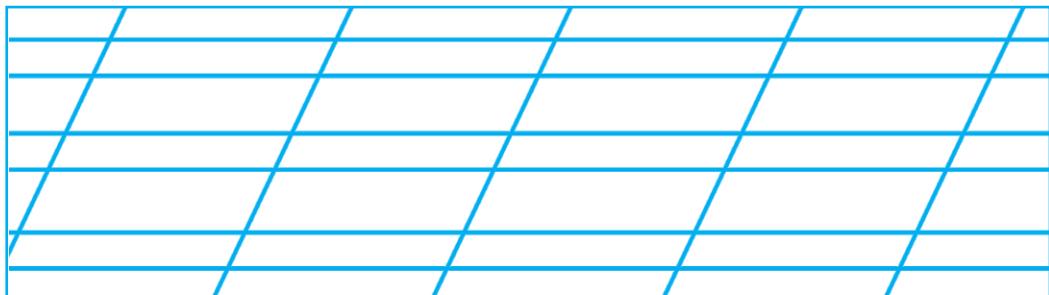
Kechga yaqin havo ochildi.



Tunda havo salqin bo'ldi.

2-topshiriq. Jadval asosida ob-havo haqida gap tuzing va yozing.

Bugun:	Bulut	Shamol	Yog'in
tongda	✗	✓	✗
ertalab	✓	✓	✗
tush paytida	✓	✗	✓
kechga yaqin	✗	✗	✗



3-topshiriq. Kun davomida ob-havoni kuzating va natijalarini jadvalga belgilang.

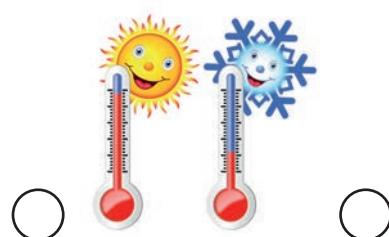
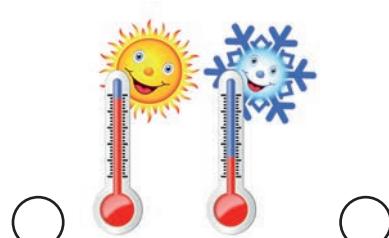
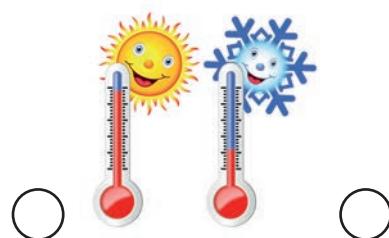
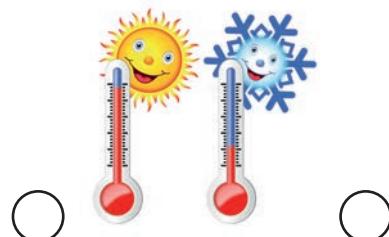
Bugun:	Bulut	Shamol	Yog'in
tongda			
ertalab			
tush paytida			
kechga yaqin			

AMALIY MASHG'ULOT

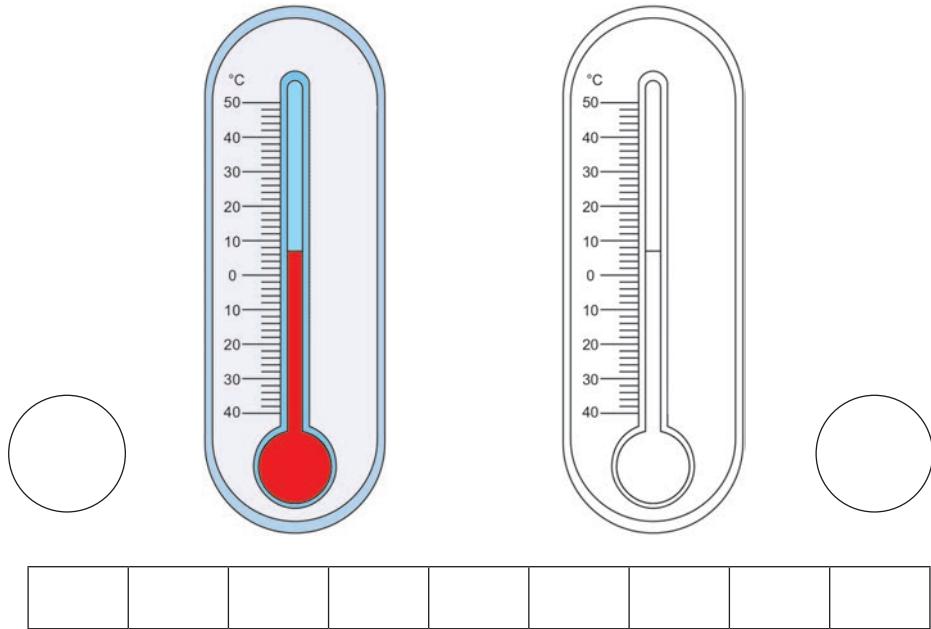
13-mavzu

HAVO HARORATINI O'LCHASH

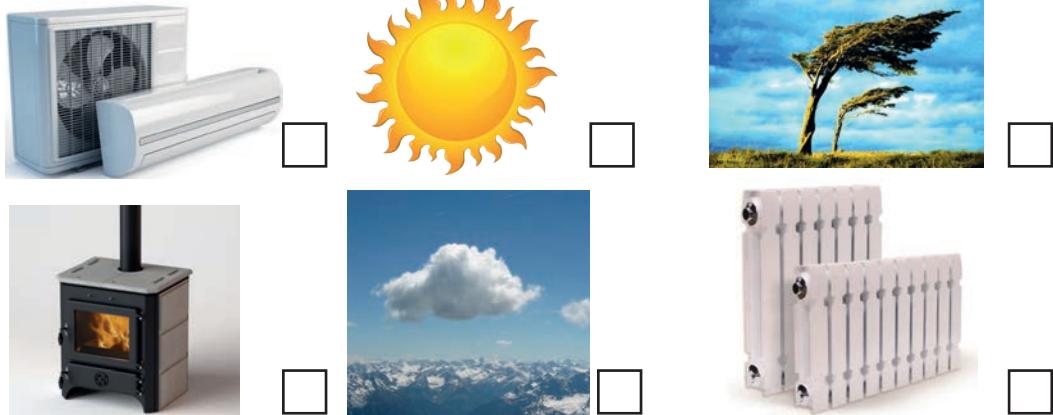
1-topshiriq. Rasmda berilgan narsalarga mos haroratni topping va tegishli termometr doirachasini bo'yang.



2-topshiriq. Rasmda nima tasvirlangan? Javobingizni katakchalarga yozing va mos harorat ko'r-satkichini doiracha ichiga yozing.



3-topshiriq. Quyidagilardan qaysi biri ob-havoni o'zgartiradi? To'g'ri javob berilgan katakchalarni yashil rangga bo'yang.



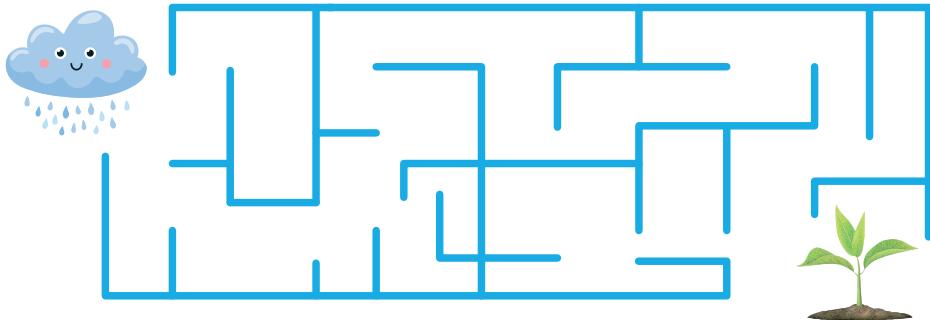
14-mavzu

YOG'IN TURLARI

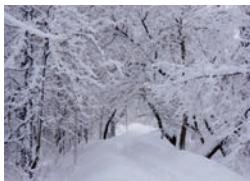
1-topshiriq. Rasmlar orasidan yog'in turlarini ajrating va tegishli aylanalarni bo'yang. Rasm tagiga nomlarini yozing.

2-topshiriq. O'simlik o'sishi uchun suv juda zarur. Yomg'irvoy do'sti Niholga suv olib bormoqchi. Unga to'g'ri yo'lni ko'rsating.



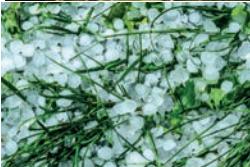
3-topshiriq. Rasmlarni chiziq yordamida mos gaplar bilan tutashtiring.



Yomg'ir yog'ayotgan vaqtida havo birdaniga sovib ketsa, do'l hosil bo'ladi.



Agar yomg'ir shiddat bilan qisqa muddat yog'sa, bu – jala.



Bulutlardan tomchi ko'rinishida tushadigan suv – yomg'ir.

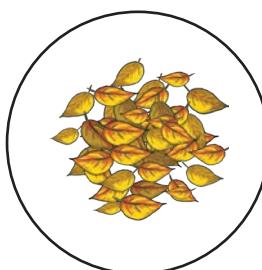
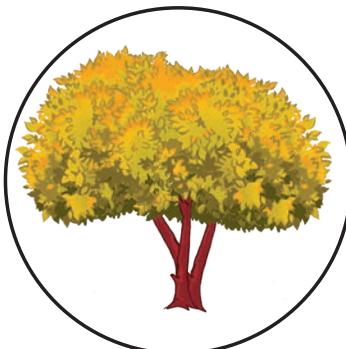
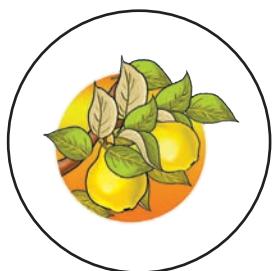


Havo juda sovuq bo'lgan vaqtida qor yog'adi.

15-mavzu

KUZ

1-topshiriq. Kuz fasli bilan bog'liq rasmlarni markazdagи daraxtga chiziq yordamida tutashtiring.



2-topshiriq. Kuz manzarasini bo'yang va rasmni nomlang.



3-topshiriq. Kuz bilan bog'liq rasmlarni chiziq yordamida mos jumlalarga tutashtiring.



Kuzda behi va yong'oq pishadi.



Dalalardan hosil yig'ib olinadi.



Kuzda daraxt barglari sarg'ayib, to'kiladi.



Kuz salqin va seryog'in bo'ladi.

16-mavzu

QISH

1-topshiriq. Qish fasliga tegishli oylarni aniqlang va “+” bilan belgilang.

Aprel

Fevral

Yanvar

Dekabr

Avgust

Mart

May

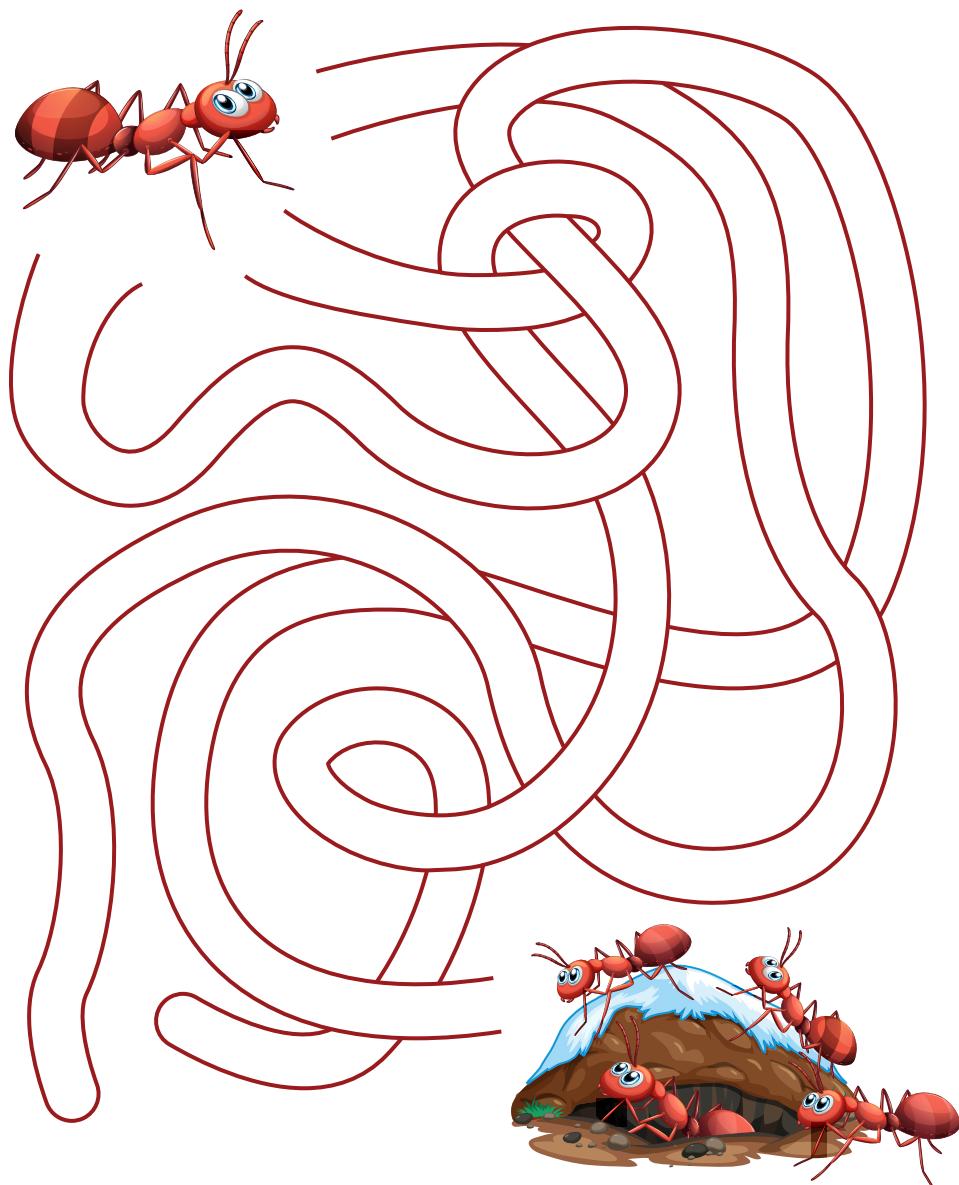
Sentyabr

Noyabr

2-topshiriq. Bolalar qishda nimalar bilan shug‘ul-anishmoqda? Rasmni bo‘yang. Qish fasli bilan bog‘liq uchta so‘z yozing.



3-topshiriq. Chumolivoya uyiga yetib olishiga yordamlashing.



17-mavzu

BAHOR

1-topshiriq. Rasmlarga qarab bo'sh kataklarni to'ldiring.



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	a		r		ch
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v				k
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2-topshiriq. Bahorda kurtakning rivojlanish holatini raqamlar bilan ketma-ket ko'rsating.



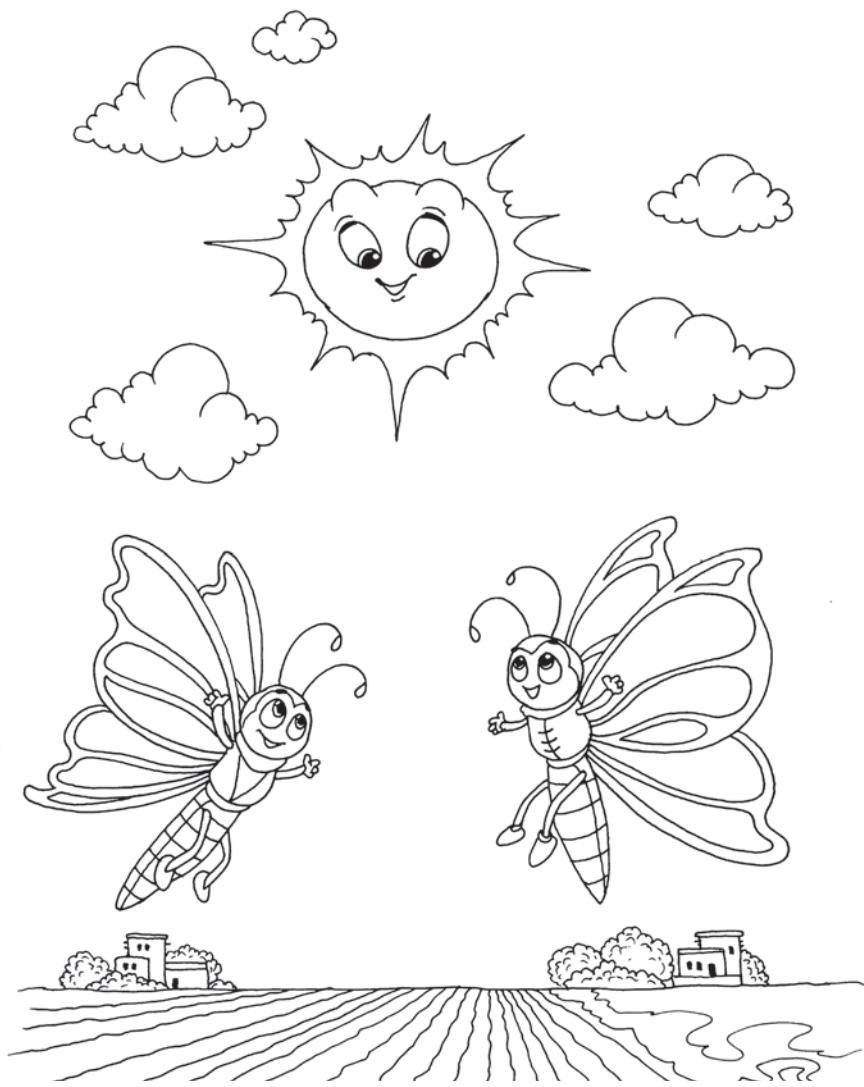








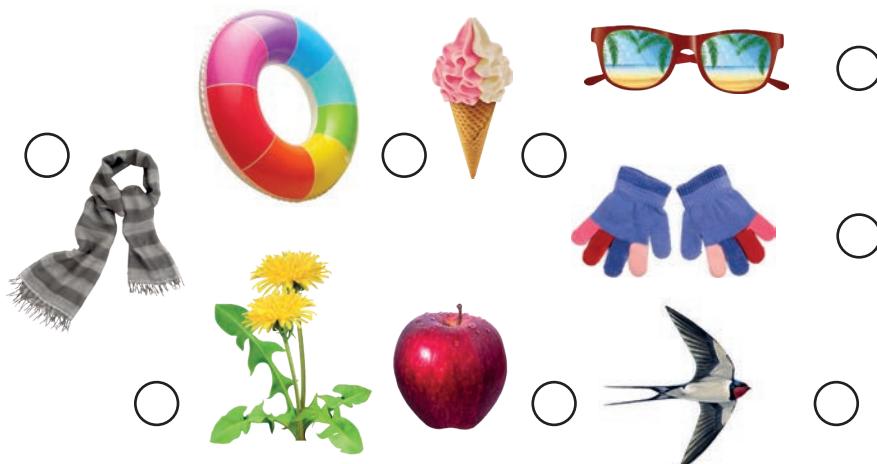
3-topshiriq. Bahor manzarasini bo'yang va rasmni nomlang.



18-mavzu

YOZ

1-topshiriq. Yoz fasli bilan bog'liq rasmlarni aniqlang va "+" bilan belgilang.



2-topshiriq. Rasmni bo'yang va unga nom bering.



3-topshiriq. O'rdakchaga onasi bilan birgalikda suzishi uchun to'g'ri yo'lni ko'rsating.



AMALIY MASHG'ULOT

19-mavzu

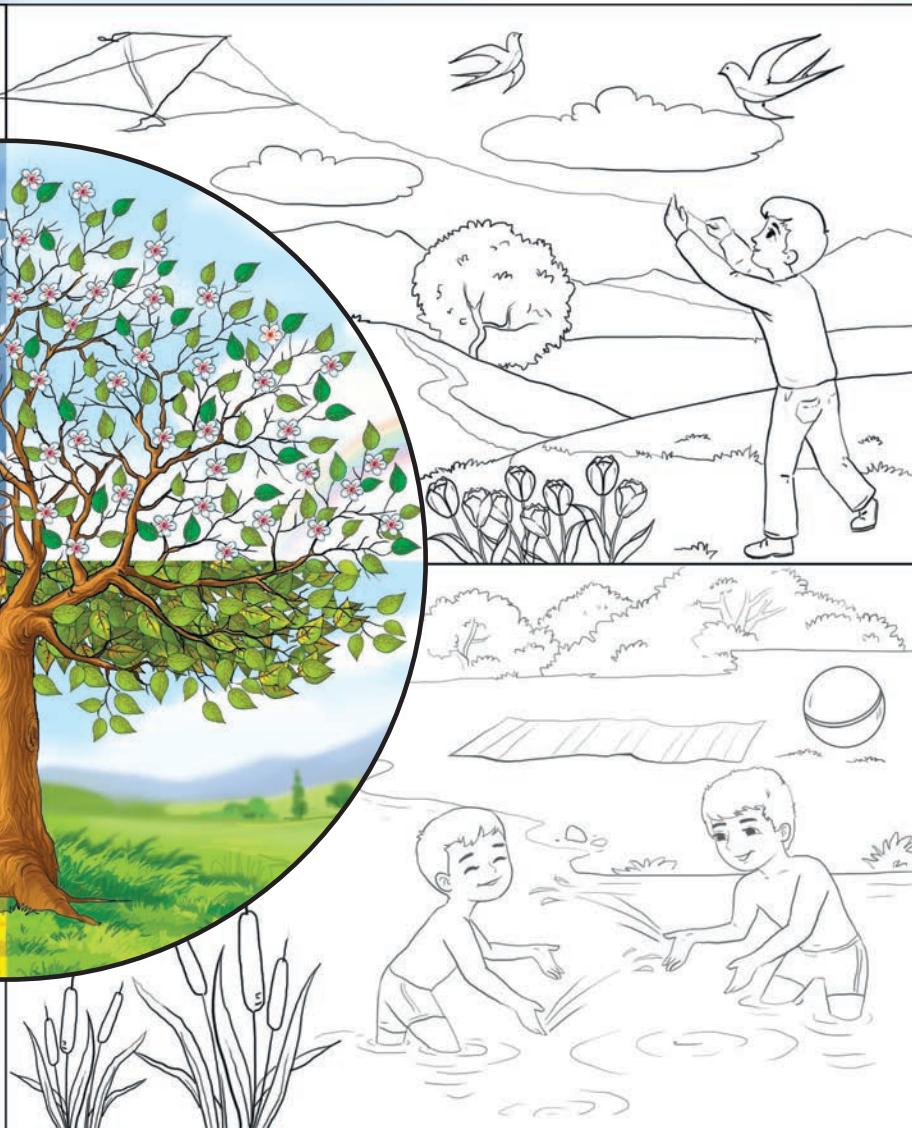
YIL FASLLARINI FARQLASH VA O'ZGARISHLARNI TASVIRLASH

1-topshiriq. Berilgan rasmni yil fasllariga moslab bo'yang.

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- 
- 



2-topshiriq. Fasllarga tegishli rasmlarning doira-chalarini mos ranglarga bo'yang (bahor – yashil, yoz – qizil, kuz – sariq, qish – ko'k).



20-mavzu

O'RMON

1-topshiriq. O'rmonni toping va unga tegishli doirachani bo'yang. Rasm asosida hikoya tuzing.



2-topshiriq. Gaplarni o'qing va "ha" yoki "yo'q" ustuniga "+" belgisini qo'ying.

Gaplar	Ha	Yo'q
O'rmon – qalin o't-o'simliklar, butalar va daraxtlardan iborat joy.		
Yer yuzida o'rmonlar juda ko'p.		
O'simliklar qalin o'sganligi sababli o'rmonning ayrim joylariga quyosh nurlari kam tushadi.		
O'rmonlarda hayvonlar, qushlar ko'p emas.		

3-topshiriq. Rasmni bo‘yang. Unda qaysi multfilm qahramonlari tasvirlangan?



4-topshiriq. Darslikning 54–55-betlarida tasvirlangan o‘rmon hayvonlarining nomini yozing.

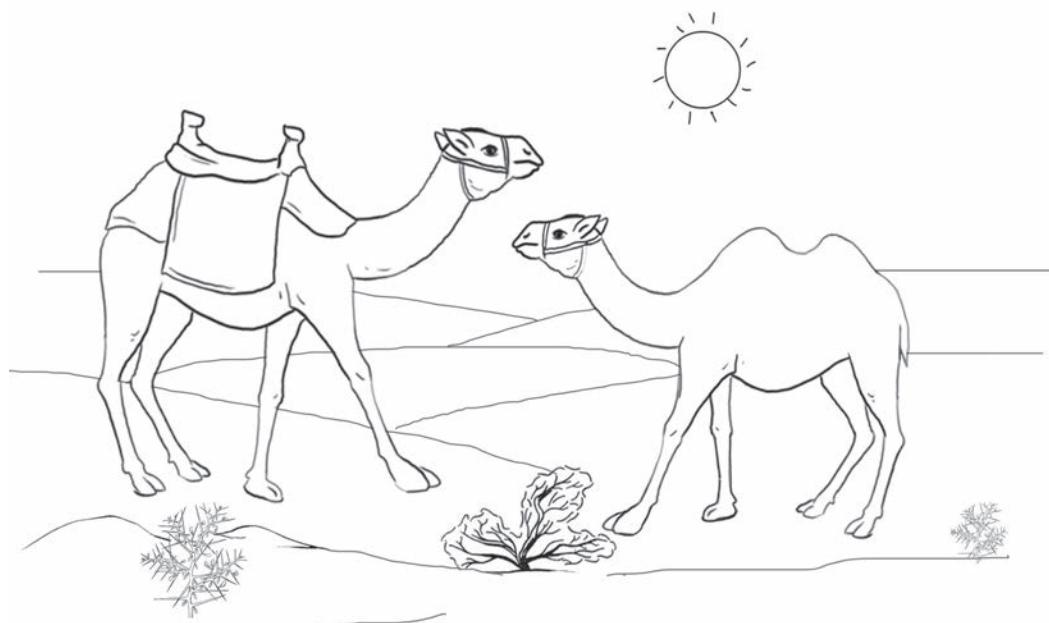
_____ , _____ , _____ ,

_____ , _____ , _____ .

21-mavzu

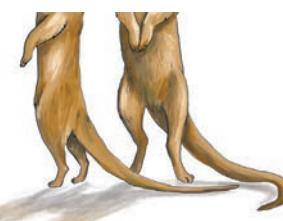
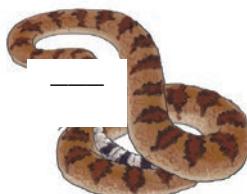
CHO'L TABIATI

1-topshiriq. Rasmni bo'yang. Unda qaysi cho'l hayvoni tasvirlangan?



2-topshiriq. Darslikning 56–57-betlarida tasvirlangan cho'l o'simliklari va hayvonlarining nomini yozing.

3-topshiriq. Rasmlarni o'z o'rniغا raqami bilan to'g'ri joylashtiring.



1



2



3



4



5



6



7



8

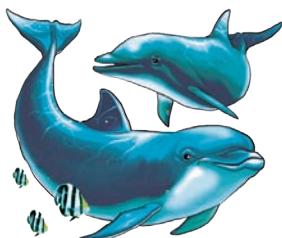
22-mavzu

SUV HAVZASI

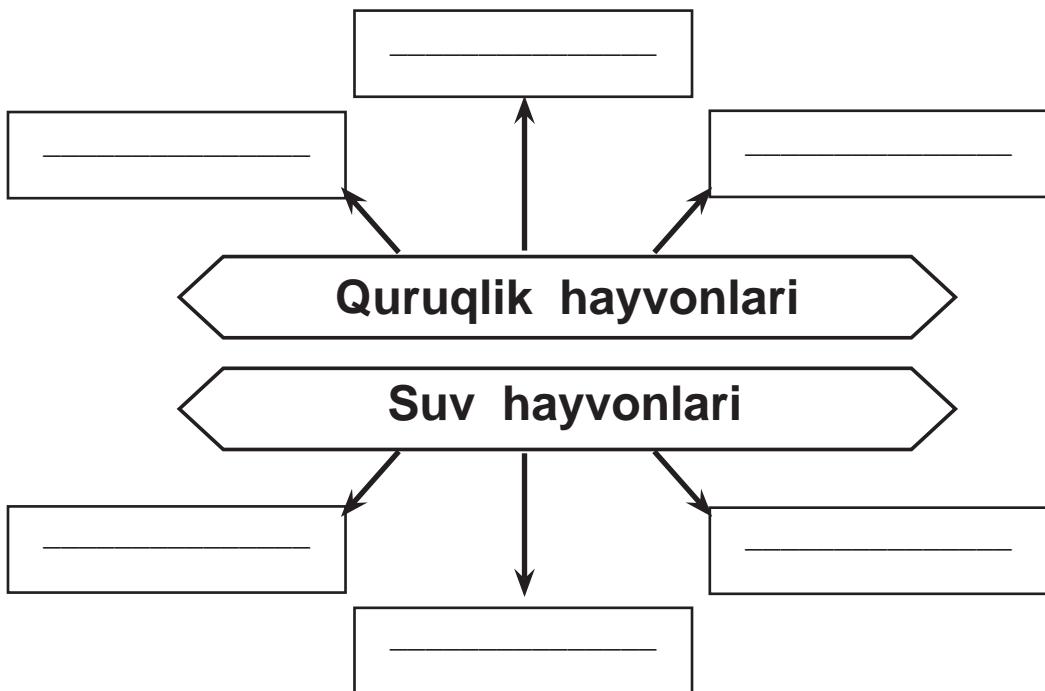
1-topshiriq. Rasmdagi hayvonlarni qayerda uchratishimiz mumkin? Rasmlarni mos kelishiga qarab “suv” yoki “quruqlik” so‘ziga tutashtiring.



Quruqlik



2-topshiriq. Bo'sh joylarga quruqlik va suvda yashovchi hayvon nomlarini yozing.



3-topshiriq. Rasmni bo'yashni davom ettiring.



23-mavzu

OSMONDA NIMALARNI
KUZATISH MUMKIN?

1-topshiriq. Soat ko'rsatkichi asosida kun va tunni aniqlang.



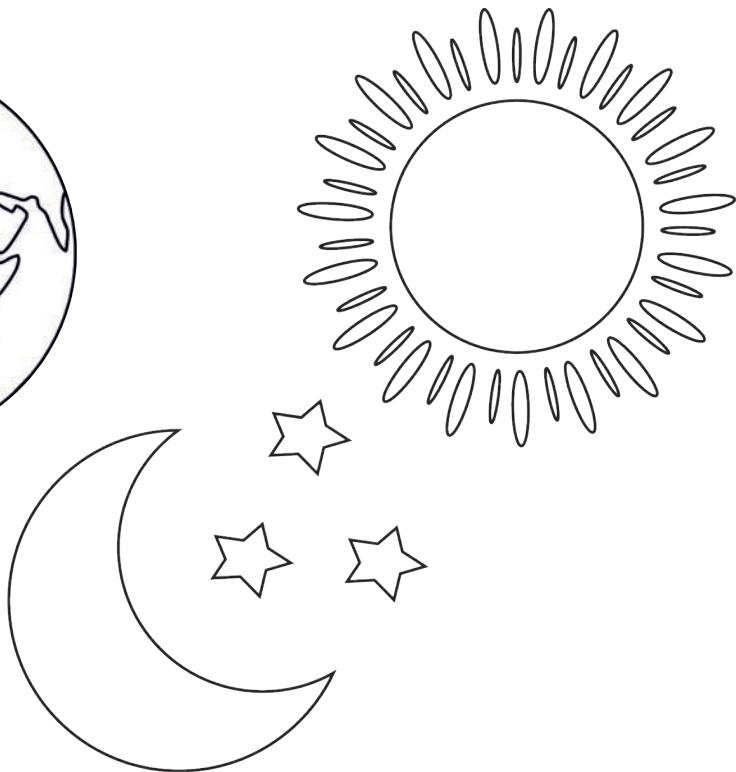
2-topshiriq. Kun va tunga xos holatlarni ko'rsating.
Bo'sh katakka "kun" yoki "tun" so'zini yozing.



24-mavzu

QUYOSH, YER VA OYNI
TASVIRLASH

1-topshiriq. Rasmlarni bo'yang.



2-topshiriq. Gaplarni mos so'zlar bilan to'ldiring.

O'simliklar _____ o'sadi.

Tunda _____ ko'rindi.

Kunduzi _____ nur sochadi.

Odamlar _____ da yashaydi.

Osmonda _____ charaqlaydi.

3-topshiriq. Ortiqcha harflarni o'chiring va bo'sh katakka to'g'ri so'zni yozing.

O	Q	Sh	S	U	Y

R	Y	A	E

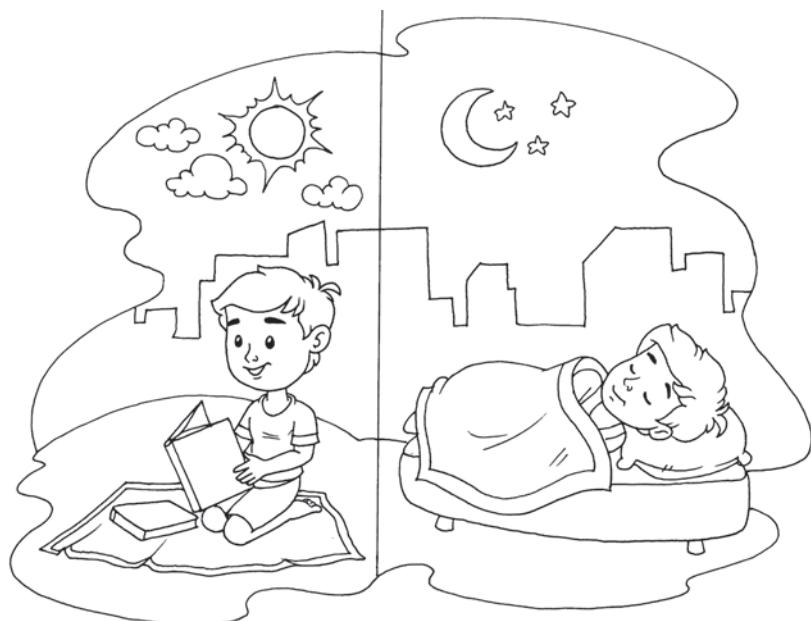
G	O	N	Y

25-mavzu**KUN VA TUN**

1-topshiriq. Birinchi qatordan kunga, ikkinchi qatordan tunga tegishli bo'lmagan rasmlarni toping va ularning tagiga chizing.

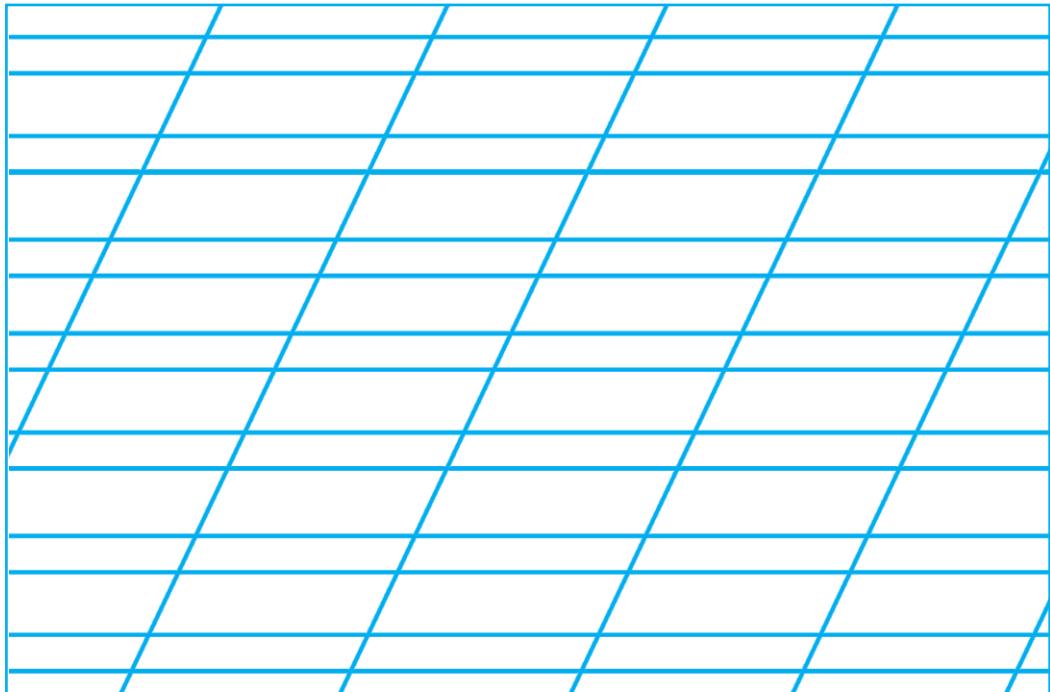


2-topshiriq. Rasmni kun va tunga moslab bo'yang.



3-topshiriq. Quyoshni kuzatib, jadvalni to'ldiring.
Matn tuzing va yozing.

Hafta kunlari	Quyoshning chiqish vaqtি	Quyoshning botish vaqtি
Dushanba		
Seshanba		
Chorshanba		
Payshanba		
Juma		
Shanba		
Yakshanba		



26-mavzu

ISSIQLIK NIMA?

1-topshiriq. Mos rasmlarni “issiq” va “sovuoq” so‘zlariga chiziqlar yordamida tutashtiring.

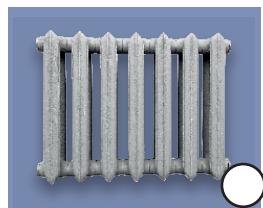
ISSIQ



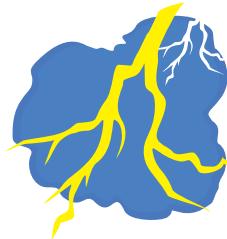
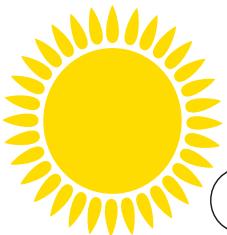
SOVUQ



2-topshiriq. Qaysi manba ko‘proq issiqlik chiqaradi? Tartib bilan raqamlang.



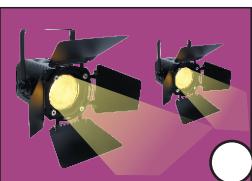
3-topshiriq. Uyingizda qanday issiqlik vositalaridan foydalanasiz? Kerakli issiqlik vositasi yonidagi doirachani qizil rangga bo'yang.



27-mavzu

YORUG'LIK NIMA?

1-topshiriq. Yorug'likning tabiiy manbalarini yashil qalam bilan, sun'iy manbalarini qizil qalam bilan belgilang.



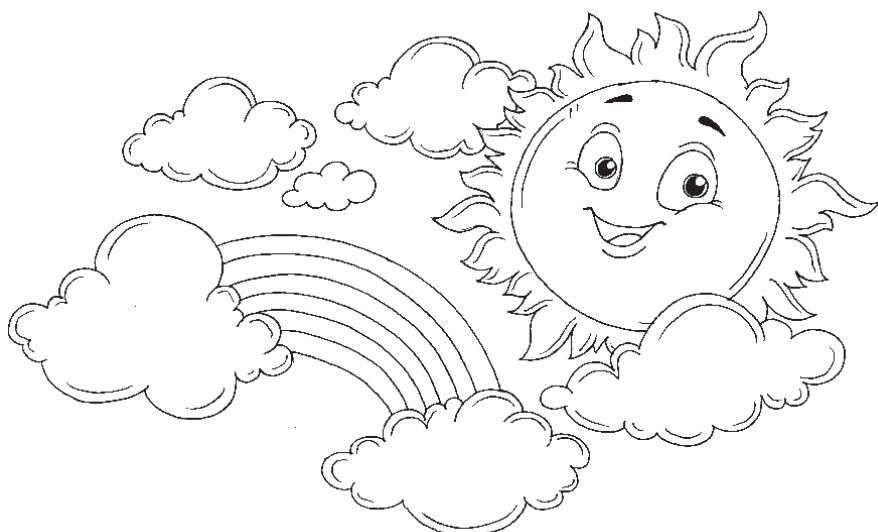
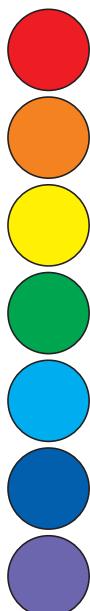
Qaysi biri eng kuchli yorug'lik beradi?

Eng kuchli yorug'lik manbai: _____

2-topshiriq. Uyda qanday yorug'lik manbalaridan foydalanamiz? Rasmlarini chizing va nomlarini yozing.



3-topshiriq. Mos ranglarni topib, rasmni bo'yang.
Nima hosil bo'ldi?

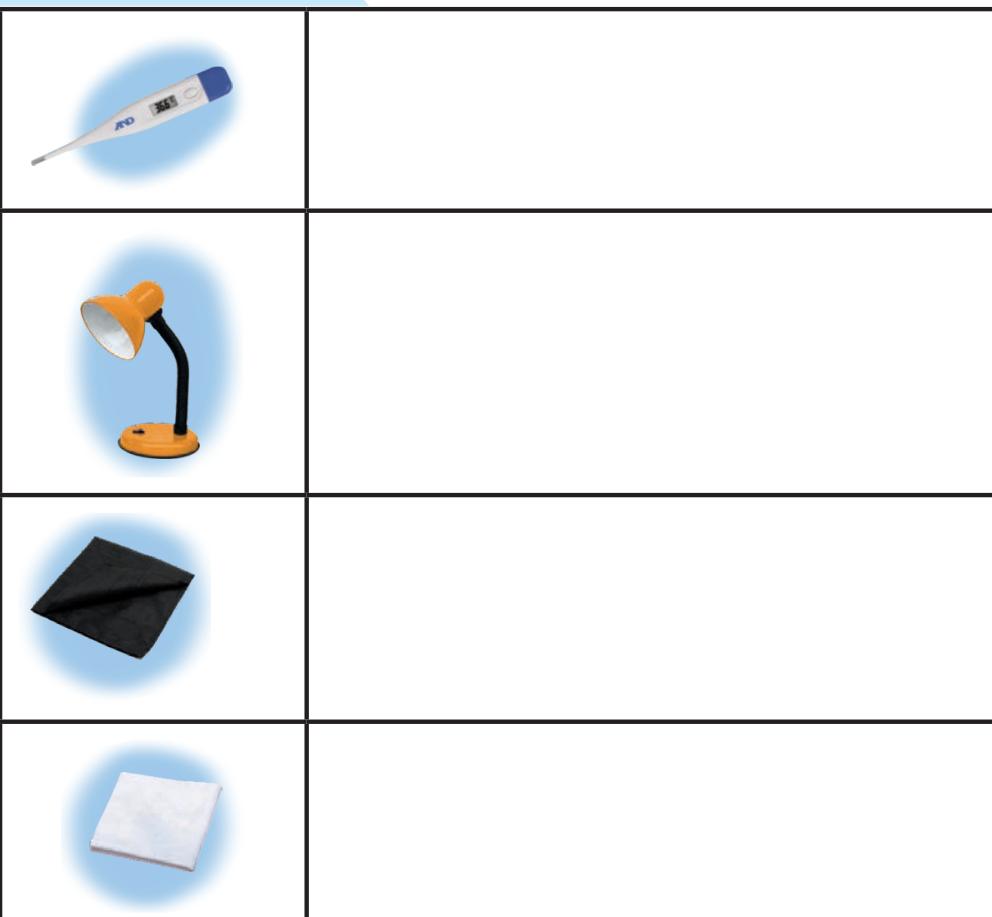


Javobingizni yozing: _____

**AMALIY MASHG'ULOT
ISSIQLIK VA YORUG'LICK
MANBALARINI FARQLASH**

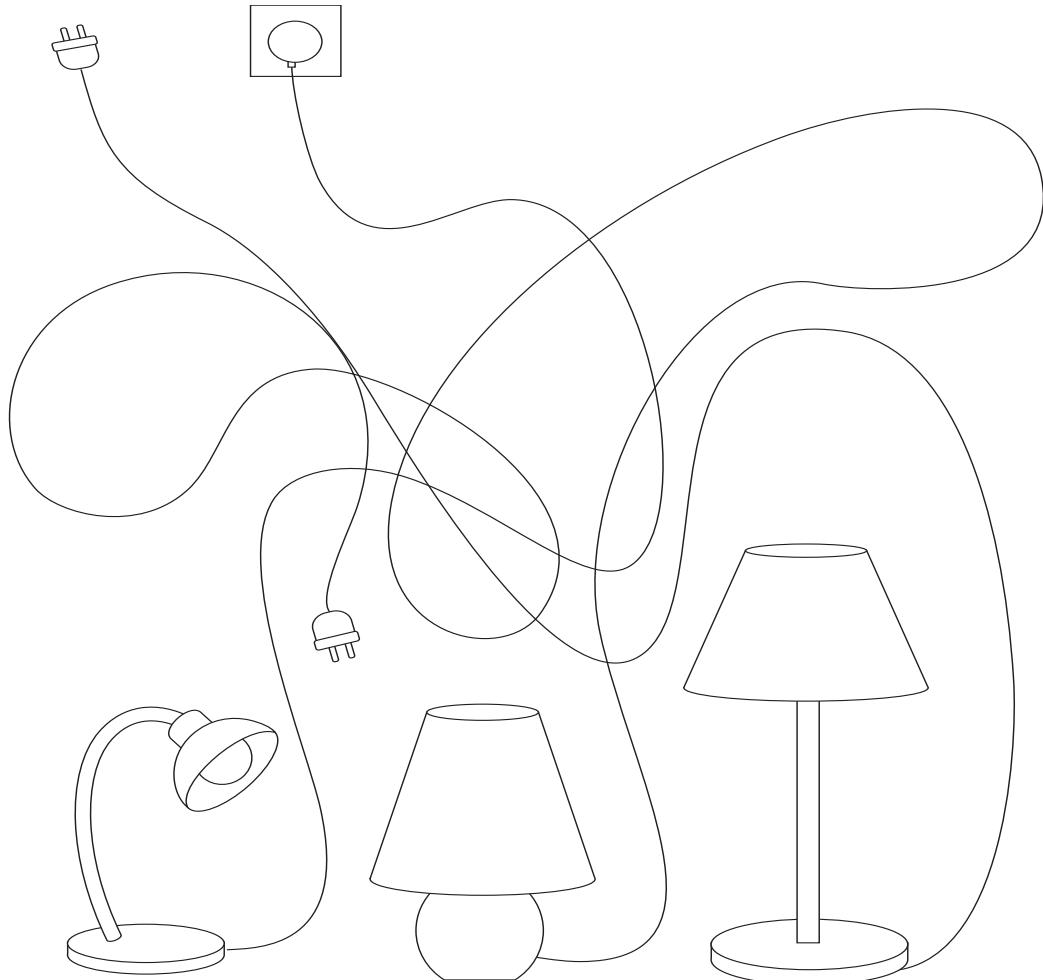
28-mavzu

Bizga kerak:



Xulosa qiling:

1-topshiriq. Chiroqlarni yorqin ranglarga bo‘yang va raqamlang. Ulardan qaysi biri yonadi?

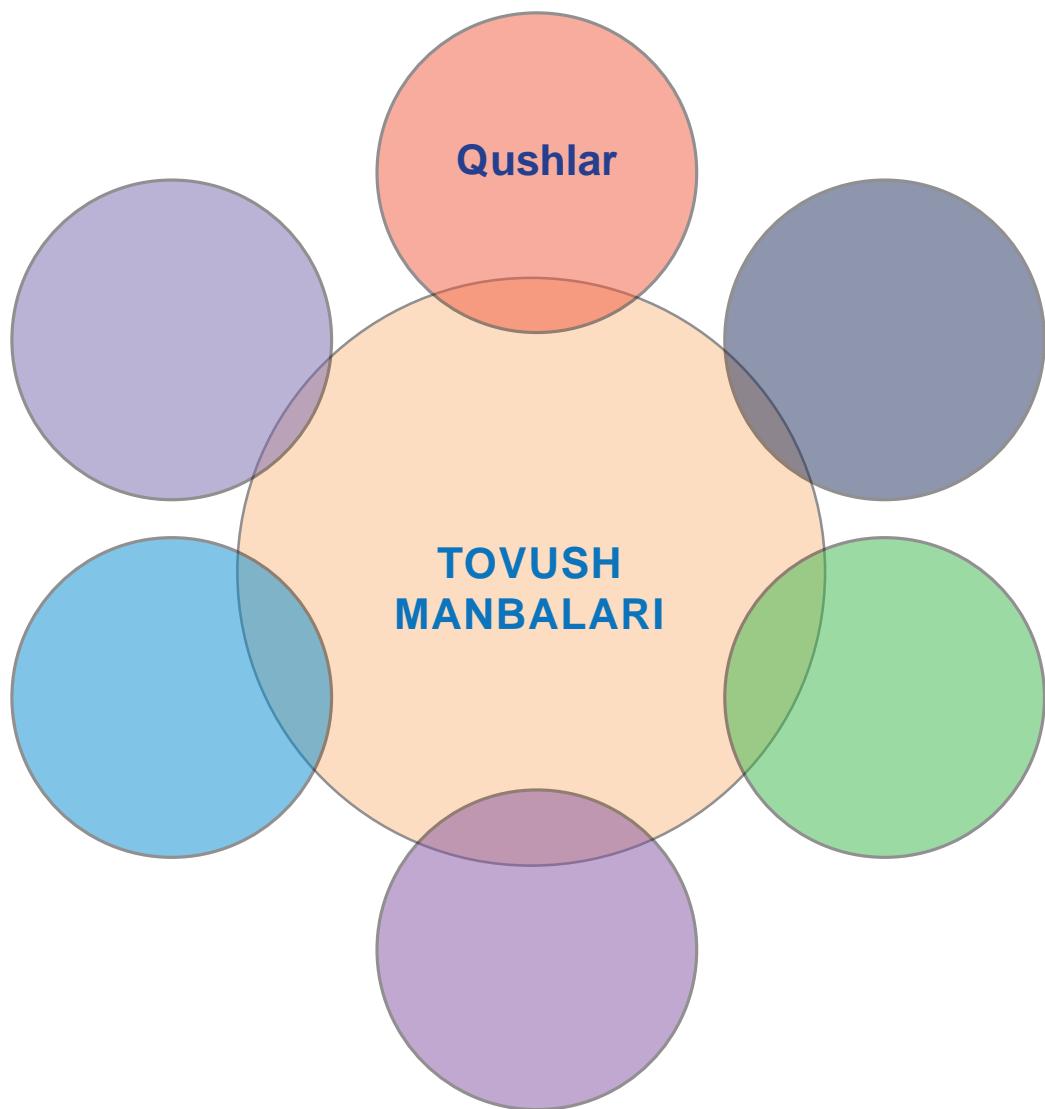


Javobingizni yozing.

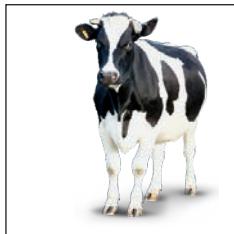
29-mavzu

TOVUSH

1-topshiriq. Bo'sh doiralarni to'ldiring.



2-topshiriq. Qutilarga “yoqimli tovushlar”ni qizil va “yoqimsiz tovushlar”ni ko’k chiziq bilan tutashtiring.



Yoqimli
tovushlar



Yoqimsiz
tovushlar



AMALIY MASHG'ULOT

30-mavzu

TOVUSHLARNI HOSIL QILISH

Bizga kerak:

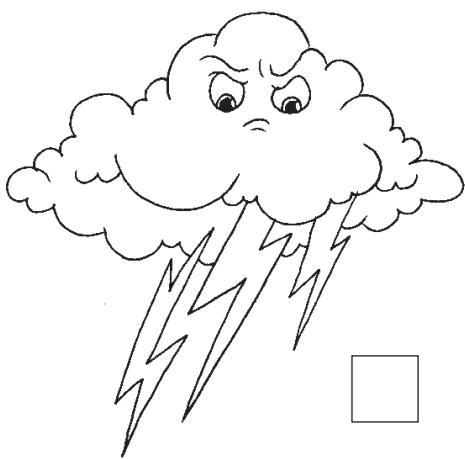


Xulosa qiling:

1-topshiriq. Rasmlarga qarang. Qanday tovushlar hosil bo'ladi?



2-topshiriq. Rasmlarni bo'yang. Tabiiy tovush manbalari yonidagi katakchalarni qizil, sun'iy manbalar yonidagi katakchalarni esa yashil rangga bo'yang.



31-mavzu

HARAKAT NIMA?

1-topshiriq. Hayvonlar qanday harakatlanadi?
Harakatlanayotgan hayvonlar yoki qushlarning rasmini chizing.



Sakraydi



Sudraladi



Yuguradi



Suzadi

2-topshiriq. Rasmlarga qarab hikoya tuzing.
Harakat va harakatsiz holatni bildiruvchi so‘zlarni
ishlating.

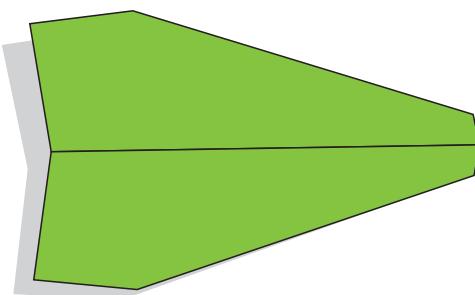
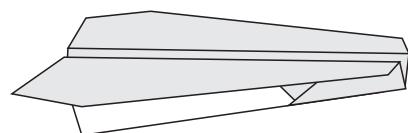
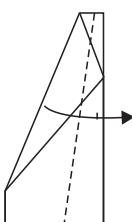
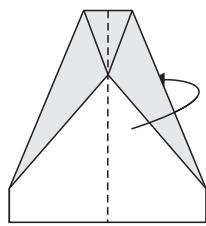
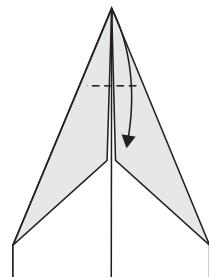
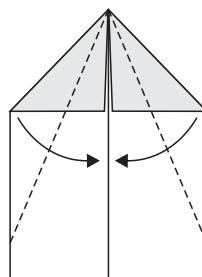
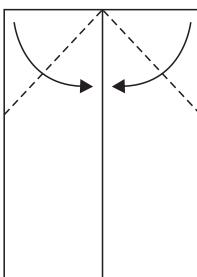
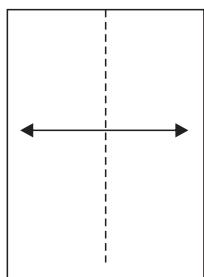


AMALIY MASHG'ULOT

32-mavzu

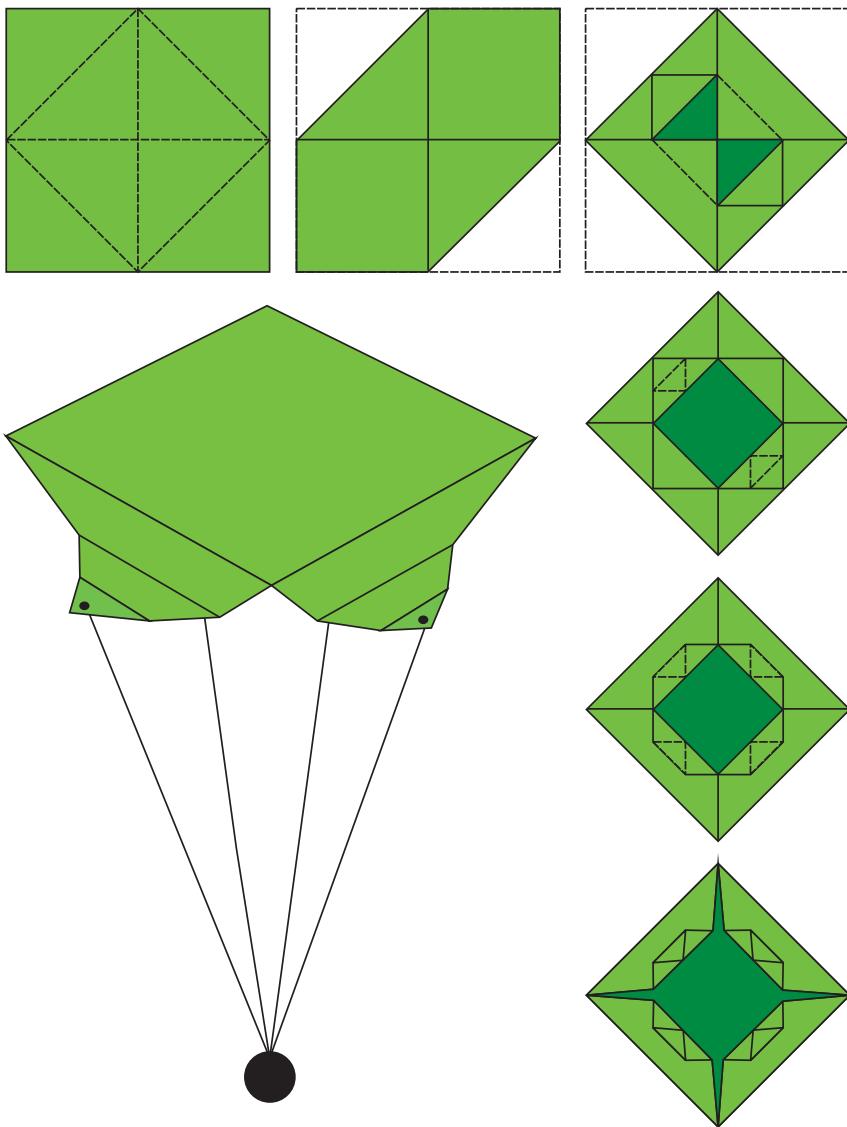
HARAKAT QANDAY YUZAGA
KELADI?

1-tajriba: Qog'oz samolyot yasash.



Samolyotimiz uchishga tayyor!

2-tajriba. Qog'ozdan parashyut yasash. Darslikning 85-betidagi multimedia ilovasidan foydalaning.

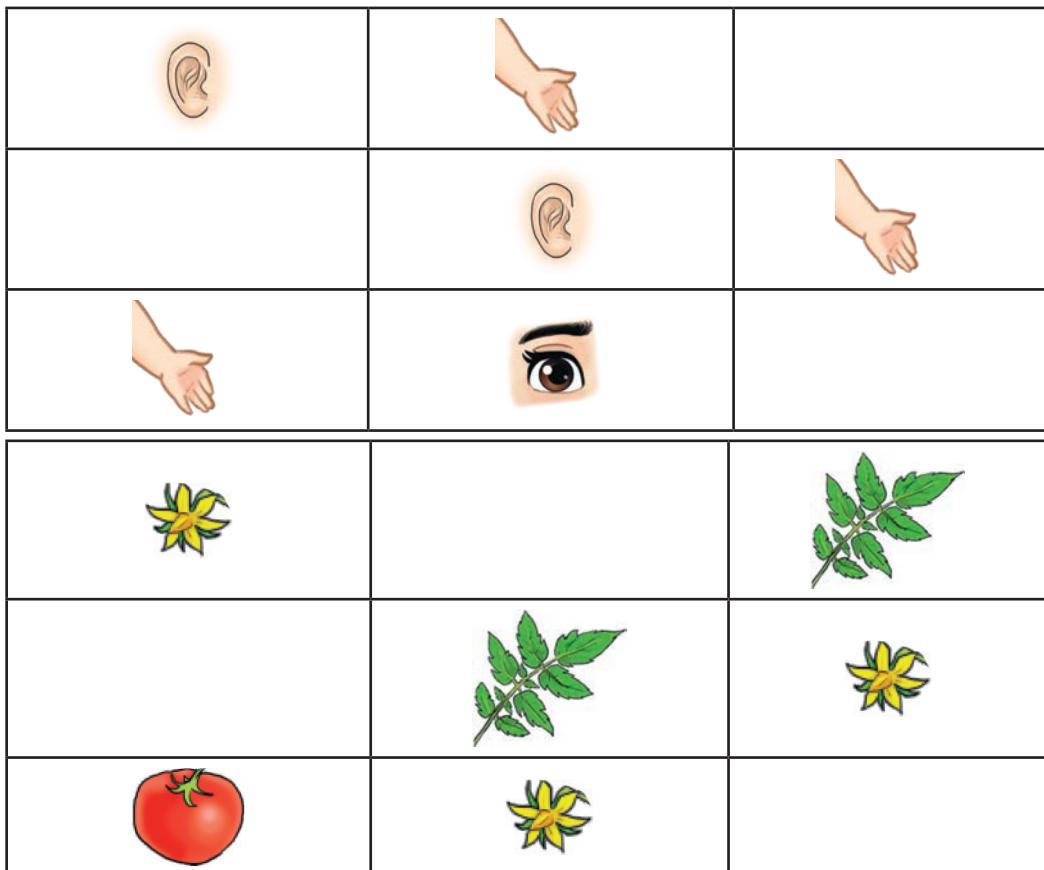


Parashyutimiz tayyor!

33-mavzu

UMUMLASHTIRUVCHI DARS

Bo'sh kataklarga tegishli rasmlarni chizing.



So'zlarni o'z o'rniغا qo'ying.

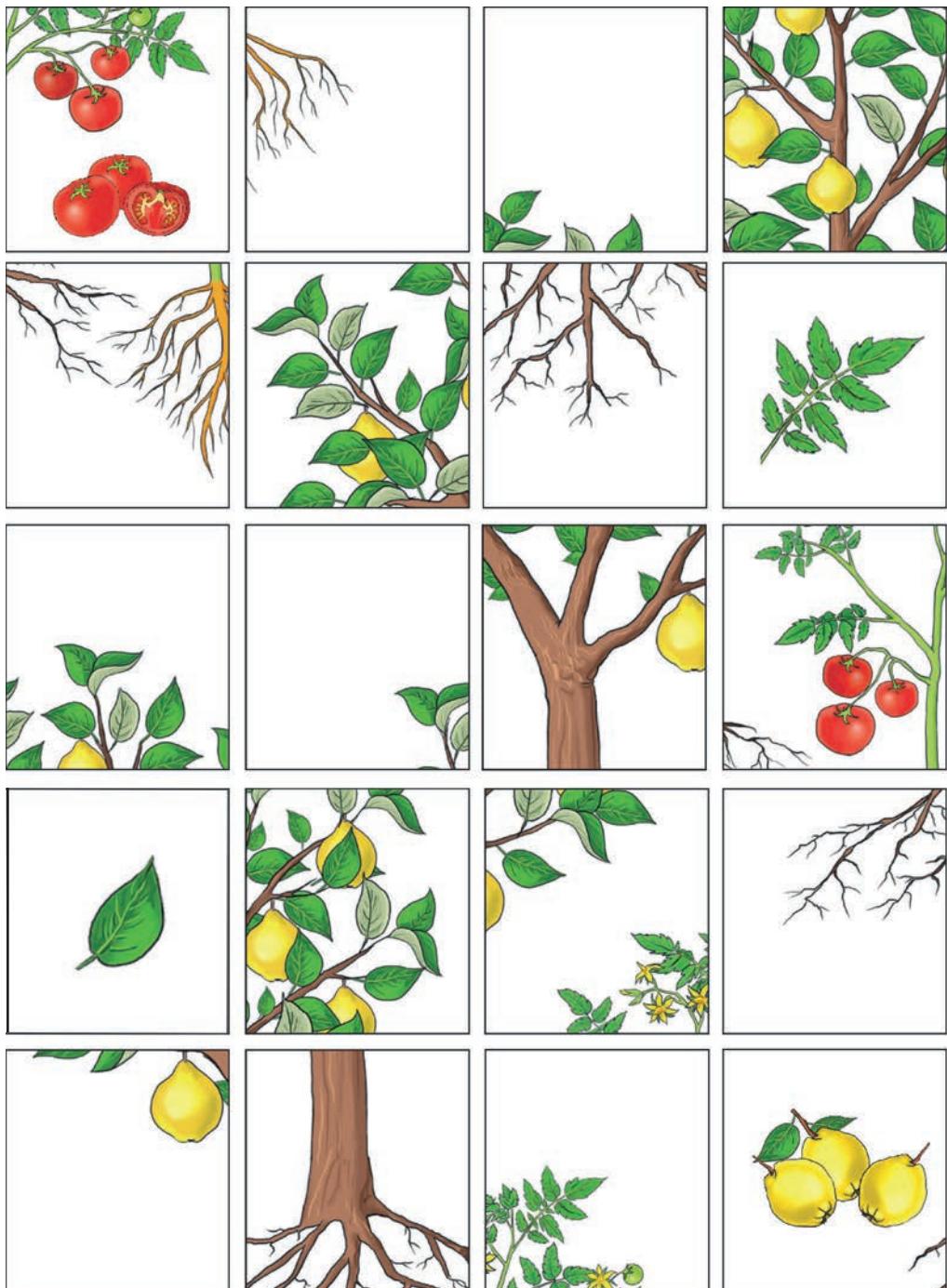
Quyosh _____ va _____ manbai.

Harakat _____ va _____ yo'nalgan bo'ladi.

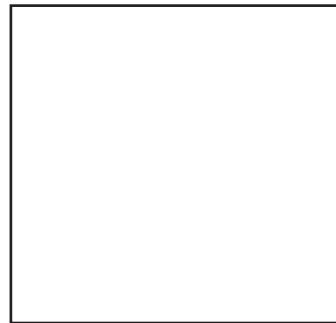
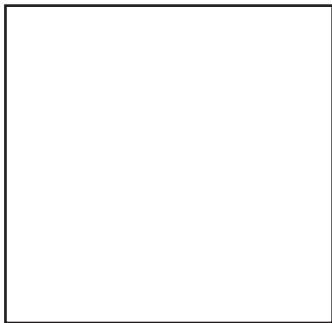
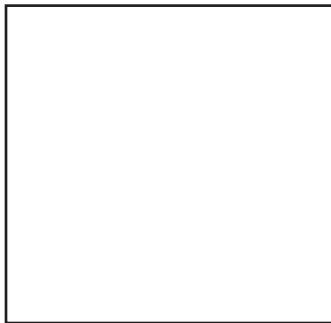
Tovushlar _____ va _____ bo'ladi.

yoqimli
o'ngga
issiqlik
chapga
yoqimsiz
yorug'lik

15-betdagi 3-topshiriq ilovasi.



Topshiriq. Har bir hayvonning yashash joyini chiziq bilan ko'rsating.



Yuqoridagi rasmlarda ko'rsatilgan joylarda yashashi mumkin bo'lgan yana bitta hayvon nomini bo'sh kataklarga yozing yoki uni chizing.

O‘quv nashri

TABIY FANLAR

*Umumiy o‘rta ta’lim maktablarining
1-sinfi uchun mashq daftari*

Muharrir *Orifjon Madvaliyev*
Rassom *Ixvoldin Salohitdinov*
Texnik muharrir *Akmal Sulaymonov*
Badiiy muharrir *Sarvar Farmonov*
Dizayner *Dilmurod Mulla-Axunov*
Sahifalovchi *Alimardon Aqilov*
Musahhih *Mohinur Ablahakimova*

Bosishga ruxsat etildi —— Bichimi 70x90 $\frac{1}{16}$ *.
Arial garniturasi. Kegli 16 shponli. Ofset bosma.
Shartli bosma tabog‘i —. Nashriyot-hisob tabog‘i —.
Adadi —— nusxa. Buyurtma № ____.